



## Employees asked for help to implement CAIB report

## Vote this week online for favorite EEAW slogan

### ▲ NASA Safety and Mission Success (SMS)

**Week:** CD Jim Kennedy invites the entire KSC civil service and contractor workforce to engage in an Agency-wide dialogue on the Columbia Accident Investigation Board (CAIB) Report during the week of Nov. 17 - 21. "During NASA SMS Week, we are providing an opportunity for individuals and organizations to reflect on the relevance of the CAIB findings and recommendations and provide input and feedback on the implementation strategies," said Kennedy in a CD Comm Oct. 31. Copies of the CAIB Report will be distributed to all KSC employees this week and all employees are encouraged to read the report, internalize the findings and focus on its Agency-wide implications as well as implications in your own workplace. Center managers will be briefed on SMS Week activities and their roles and responsibilities. On Nov. 17, NASA Administrator Sean O'Keefe will kick off SMS Week, which will be followed by a KSC All Hands Meeting. Details on the KSC All Hands will be issued soon.

### ▲ Last week to vote for your favorite Environmental & Energy slogan:

A special thanks to those who participated in the Environmental & Energy Awareness 2004 Slogan Contest. Please vote for your favorite slogan **this week** at <http://apps1.ksc.nasa.gov/eeawslogan/index.cfm>. Voting is open to all KSC civil service and contractor employees. The winner will be announced during November, and recognized at the Environmental and Energy Awareness Week celebration in April 2004. If you have problems with the link, please contact Barbara Naylor at 867-8452 or e-mail [Barbara.A.Naylor@nasa.gov](mailto:Barbara.A.Naylor@nasa.gov).

◆ **Auction at Ransom Road Bldg. M6-1671** – The auction consists of about 129 lots including, but not

limited to, computer equipment, analyzers, power supplies, receivers, calculators, typewriters, electronics, cameras, generators, projectors, valves, scrap stainless, scrap copper wire & cable, scrap aluminum, etc.

- *Inspection Date/Time:* Nov. 4, from 9:30 a.m.- 2 p.m.
- *Sale Date/Time:* Nov. 5, at 9:30 a.m.

**Note:** You now must get to the M6-1671 building via **Space Commerce Way to Ransom Road**. For additional information, please call the Sales information line at 867-7605 or visit the web site at: <http://surplus.ksc.nasa.gov>

◆ **Did You Know?** The middle of the afternoon often becomes the "I wish I could take a nap time." The reason may be that your body needs some energy. Spacing meals three to four hours apart makes it easier to stay energized throughout the day; an afternoon snack is often the key to making it through. Instead of grabbing whatever is available, try some of these snack ideas:



- Microwave low-fat popcorn
- Mixed nuts and dried fruit
- Saltine or whole wheat crackers with peanut butter
- Fresh fruits, either plain or with cheese
- One half of a whole wheat bagel topped with peanut butter or hummus
- One cup of low-fat yogurt with two tablespoons whole grain cereal
- Carrot and pepper strips with low-fat salad dressing
- Sunflower or pumpkin seeds
- A fresh fruit yogurt smoothie

Remember, snacking from a bag or box always results in overeating. Keep snack portions small by placing the food on a plate and eating slowly.